

JEFFERSON COUNTY SCHOOL DISTRICT 509-J

NOVEMBER

K-8 MENU

2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Student's lunch must include: As choice of ½ cup of fruit or vegetable OR a combination of fruit and vegetables to equal ½ cup.</p>	<p>Student's breakfast must include a ½ cup of fruit. A choice of Low Fat Milk is Offered at Breakfast and Lunch.</p>	<p>BREAKFAST Visiting Children: \$1.50 Adult Price: \$2.50 LUNCH Visiting Children: \$2.00 Adult Price: \$4.00</p>	<p><i>FREE BREAKFAST & LUNCH FOR ALL ENROLLED STUDENTS!!</i> MENU SUBJECT TO CHANGE!</p>	<p>This institution is an equal opportunity provider.</p>
<p>DO YOU KNOW? OUR pizza crust, bread, buns, rolls, crackers, chips, pasta and tortillas are whole grain. Recipes are made from scratch. Cheeses and salad dressings are low fat or fat free.</p>	<p>K-5 Lunch Choice Sandwich of the Day 6-8 Breakfast Choice Cereal Bowl 6-8 Lunch Choice Sandwich of the Day</p>			
		<p>1 WG Churro & Yogurt Fruit Juice – Fresh Pear Hamburger Baked Oven Fries Pork N'Beans - Apricots</p>	<p>2 Breakfast Burrito Fruit Juice – Strawberry Cup BBQ Pulled Pork Sandwich Creamy Coleslaw Looped Fries - Peaches</p>	<p>3 NO SCHOOL NON-STUDENT GRADING DAY</p>
<p>6 Colby Cheese –Graham Crackers Fruit Juice – Applesauce Cups Bean & Cheese Burritos Garden Salad – Carrots Spanish Rice Salsa - Apricots</p>	<p>7 Cinnamon Bun Fruit Juice – Banana Grilled Chicken Fajita Seasoned Refried Beans Shredded Lettuce – Tomatoes Salsa - Pears</p>	<p>8 Turkey Sausage Pancake Fruit Juice – Strawberry Cup Hamburger Baked Oven Fries Pork N'Beans Peaches</p>	<p>9 Breakfast Bagel Sandwich Fruit Juice – Peach Cup Chicken Vegetable Soup Grilled Cheese Sandwich Carrot & Celery Sticks Apple</p>	<p>10 NO SCHOOL HOLIDAY VETERANS DAY</p>
<p>13 String Cheese – Graham Crackers Fruit Juice – Applesauce Cups Pizza Sweet Corn – Carrots Pears</p>	<p>14 Benefit Bar Fruit Juice – Banana Sloppy Joe Potato Smiles – Peas Apple</p>	<p>15 WG Churro & Yogurt Fruit Juice – Fresh Pear Hamburger Baked Oven Fries Pork N'Beans - Peaches</p>	<p>16 Breakfast Burrito Fruit Juice – Strawberry Cup Turkey Gravy Over Potatoes Dinner Roll – Garden Salad Holiday Fruit Salad</p>	<p>17 COOKS CHOICE</p>
<p>20 NO SCHOOL PARENT CONFERENCES</p>	<p>21 NO SCHOOL PARENT CONFERENCES</p>	<p>22 NO SCHOOL</p>	<p>23  NO SCHOOL - HOLIDAY</p>	<p>24 NO SCHOOL - HOLIDAY</p>
<p>27 Colby Cheese – Graham Crackers Fruit Juice – Applesauce Cup Bean & Cheese Burrito Sweet Corn – Carrots Spanish Rice Salsa - Apricots</p>	<p>28 Cinnamon Bun Fruit Juice – Banana Italian Spaghetti Garden Salad – Green Beans Garlic Bread Stick Mixed Fruit</p>	<p>29 Turkey Sausage Pancake Fruit Juice – Strawberry Cup Hamburger Baked Oven Fries Pork N'Beans Peaches</p>	<p>30 COOKS CHOICE</p>	