

JEFFERSON COUNTY SCHOOL DISTRICT 509-J

FEBRUARY

K-8 MENU

2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Student's lunch must include: As choice of ½ cup of fruit or vegetable OR a combination of fruit and vegetables to equal ½ cup.</p>	<p>Student's breakfast must include a ½ cup of fruit.</p> <p>A choice of Low Fat Milk is Offered at Breakfast and Lunch.</p>	<p>BREAKFAST Visiting Children: \$1.50 Adult Price: \$2.50</p> <p>LUNCH Visiting Children: \$2.00 Adult Price: \$4.00</p>	<p><i>FREE BREAKFAST & LUNCH FOR ALL ENROLLED STUDENTS!!</i></p> <p>MENU SUBJECT TO CHANGE!</p>	<p>This institution is an equal opportunity provider.</p>
<p>DO YOU KNOW? OUR pizza crust, bread, buns, rolls, crackers, chips, pasta and tortillas are whole grain. Recipes are made from scratch. Cheeses and salad dressings are low fat or fat free.</p>	<p>K-5 Lunch Choice Sandwich of the Day</p> <p>6-8 Breakfast Choice Cereal Bowl</p> <p>6-8 Lunch Choice Sandwich of the Day</p>		<p>1 Breakfast Burrito Mandarin Oranges – Fruit Juice</p> <p>Macaroni & Cheese Garden Salad Baby Carrots Pears</p>	<p>2 Blueberry Breakfast Bar Fruit Juice</p> <p>Superbowl Sunday Preview Tailgating Party</p> <p>Pork Fajitas w/Salsa Spanish Rice Romaine Salad w/Tomatoes Chickpea Salad Topper - Apple</p>
<p>5 Triple Berry French Toast Apple – Fruit Juice</p> <p>Cheese Pizza Garden Salad Corn Pineapple</p>	<p>6 Ham & Cheese Breakfast Bar Graham Crackers Banana – Fruit Juice</p> <p>Chickenwich Loop Fries Carrot & Celery Sticks Pears</p>	<p>7 Turkey Sausage Pancake Strawberry Cup – Fruit Juice</p> <p>Cheeseburger OR Hamburger Baked Oven Fries Green Beans Peaches</p>	<p>8 Breakfast Burrito Mandarin Oranges – Fruit Juice</p> <p>Grilled Chicken Fajita – Salsa Served with Grilled Veggies – Tomatoes Seasoned Refried Beans Shredded Lettuce - Blueberries</p>	<p>9 Sausage Cheese Bagel Applesauce Cup – Fruit Juice Turkey Noodle Soup Cheese Quesadilla OR Tuna Salad Sandwich Garden Salad w/Tomatoes Chickepa Salad Topper - Apple</p>
<p>Blueb12 Blueberry Pancake Apple – Fruit Juice</p> <p>Beans & Cheddar Cheese Burrito Garden Salad Corn Pineapple</p>	<p>13 Oatmeal Benefit Bar Banana – Fruit Juice</p> <p>Chicken Tenders – WG Roll Mashed Potatoes – Chicken Gravy Steamed Broccoli Apple</p>	<p>14 Cereal Bar & Colby Cheese Strawberry Cup – Fruit Juice</p> <p>HAPPY VALENTINES DAY!!! Chili Cheese Nachos Garden Salad Broccoli – Tomatoes Mixed Fruit</p>	<p>15 Breakfast Burrito Applesauce Cup – Fruit Juice</p> <p>Sloppy Joe on a Bun Seasoned Potato Wedges Pork 'N Beans Apricots</p>	<p>16 Blueberry Breakfast Bar Fruit Juice Cheese Quesadilla OR Tuna Salad Sandwich Spicy Potato Wedges Garden Salad w/Tomatoes Chickpea Salad Topper - Pears</p>
<p>19 NO SCHOOL</p> 	<p>20 Ham & Cheese Breakfast Bar Graham Cracker Strawberry Cup – Fruit Juice</p> <p>Bean & Cheddar Cheese Burrito Potato Smiles Green Beans Apple</p>	<p>21 Turkey Sausage Pancake Banana – Fruit Juice</p> <p>Cheeseburger OR Hamburger Baked Oven Fries Pork 'N Beans Peaches</p>	<p>22 Breakfast Burrito Peach Cup – Fruit Juice</p> <p>Italian Spaghetti Garlic Bread Stick Garden Salad w/Tomatoes Apricots</p>	<p>23 Sausage Cheese Bagel Applesauce Cup – Fruit Juice</p> <p>Chicken Biscuit Sandwich OR Fish Panini Pineapple Salsa & Shredded Romaine Tater Tots - Blueberries</p>
<p>26 Cereal Bar & Colby Cheese Apple – Fruit Juice</p> <p>Cheese Pizza Garden Salad – Corn Pineapple</p>	<p>27 Oatmeal Benefit Bar Banana – Fruit Juice</p> <p>Chili Cheese Nachos Garden Salad w/Broccoli & Tomatoes Mixed Fruit</p>	<p>28</p> <p>COOKS CHOICE</p>		