





JEFFERSON COUNTY SCHOOL DISTRICT 509-J
DISTRICT HIGH SCHOOL MENU

FEBRUARY

2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Student's lunch must include: As choice of ½ cup of fruit or vegetable OR a combination of fruit and vegetables to equal ½ cup. Fresh, Canned or Frozen Vegetables and Fruits are Offered Daily!</p>	<p>Student breakfast must include ½ cup of fruit CEREAL BOWL IS OFFERED DAILY AT BREAKFAST A choice of Skim and 1% White Milk and Nonfat Chocolate Milk Is offered at breakfast/lunch</p>	<p><i>Free Breakfast and Lunch for All Students</i></p> <p>Breakfast Visiting Children: \$1.50 Adult Price: \$2.50</p> <p>Lunch Visiting Children: \$2.00 Adult Price: \$4.00</p>	<p>Lunch Choices Pepperoni or Cheese Pizza Deli Ham Sandwich Deli Turkey Sandwich Tuna Salad Sandwich Sun Butter & Jelly Sandwich Chef Salad MENU SUBJECT TO CHANGE!</p>	<p align="center">This Institution is an Equal Opportunity Provider</p>
			<p align="center">1</p> <p align="center">Breakfast Pizza Fruit Juice – Mandarin Oranges</p> <p align="center">Macaroni & Cheese Whole Grain Dinner Roll</p>	<p align="center">2</p> <p align="center">Blueberry Breakfast Bar Apple – Fruit Juice</p>  <p align="center">SUPERBOWL SUNDAY PREVIEW TAILGATING PARTY Pork Fajita – Salsa Spanish Rice</p>
<p align="center">5</p> <p align="center">Ham & Cheese Breakfast Bar Muffin – Peaches – Fruit Juice</p> <p align="center">Pizza Bar Spuds</p>	<p align="center">6</p> <p align="center">Maple Long John Banana – Fruit Juice</p> <p align="center">Chickenwich Loop Fries</p>	<p align="center">7</p> <p align="center">Breakfast Pizza Strawberry Cup – Fruit Juice</p> <p align="center">Cheeseburger or Hamburger Baked Oven Fries Green Beans</p>	<p align="center">8</p> <p align="center">Breakfast Burrito Mandarin Cup – Fruit Juice</p> <p align="center">Grilled Chicken Fajita Served with Grilled Veggies Corn Tortilla Chips – Salsa Seasoned Refried Beans</p>	<p align="center">9</p> <p align="center">Morning Scramble – Waffle Applesauce Cup – Fruit Juice</p> <p align="center">Turkey Noodle Soup Cheese Quesadilla</p>
<p align="center">12</p> <p align="center">Ham & Cheese Breakfast Bar Muffin – Apple – Fruit Juice</p> <p align="center">Bean & Cheddar Cheese Burrito Corn</p>	<p align="center">13</p> <p align="center">Oatmeal Benefit Bar Banana – Fruit Juice</p> <p align="center">Chicken Tenders – WG Roll Mashed Potatoes Chicken Gravy Steamed Broccoli</p>	<p align="center">14</p> <p align="center">Breakfast Pizza Strawberry Cup</p> <p align="center">HAPPY VALENTINES DAY!</p> <p align="center">Chili Cheese Nachos</p>	<p align="center">15</p> <p align="center">Breakfast Burrito Mandarin Cup – Fruit Juice</p> <p align="center">Sloppy Joe on a Bun Seasoned Potato Wedges Pork 'N Beans</p>	<p align="center">16</p> <p align="center">Blueberry Breakfast Bar Apple – Fruit Juice</p> <p align="center">Cheese Quesadilla Spicy Potato Wedges</p>
<p align="center">19</p> <p align="center">NO SCHOOL</p> 	<p align="center">20</p> <p align="center">Maple Long John Banana – Fruit Juice</p> <p align="center">Chickenwich Loop Fries</p>	<p align="center">21</p> <p align="center">Breakfast Pizza Strawberry Cup – Fruit Juice</p> <p align="center">Cheeseburger or Hamburger Baked Oven Fries Pork 'N Beans</p>	<p align="center">22</p> <p align="center">Breakfast Burrito Mandarin Cup – Fruit Juice</p> <p align="center">Italian Spaghetti Garlic Bread Sticks</p>	<p align="center">23</p> <p align="center">Sausage Cheese Bagel Applesauce Cup – Fruit Juice</p> <p align="center">Chicken Biscuit Sandwich OR Fish Panini Pineapple Salsa – Tater Tots</p>
<p align="center">26</p> <p align="center">Ham & Cheese Breakfast Bar Muffin – Apple – Fruit Juice</p> <p align="center">Pizza Bar Spuds</p>	<p align="center">27</p> <p align="center">Oatmeal Benefit Bar Banana – Fruit Juice</p> <p align="center">Chili Cheese Nachos</p>	<p align="center">28</p> <p align="center">COOKS CHOICE</p>	